

## **Rules and Regulations of Association of Sports Karate India**

- I. Name of the Society : Association of Sports Karate India
- II. Date of Opening : 16.04.2008
- III. Office Working Hours : 10 A.M to 3 P.M

#### **IV. AIMS OF THE SOCIETY:**

- [1] The Association of Sports Karate India, being part of the movement, undertake to respect provisions of the Non-Olympic Charter, the Non-Olympic movement, and to abide by the decisions of the Indian Non-Olympic Association.
- [2] To disseminate the knowledge of Martial Arts known as “Sports Karate” among the public and to strengthen the nation.
- [3] To conduct tournaments and bestow the talented with medals for their achievements.
- [4] To provide free coaching at Government Schools and Colleges.
- [5] To develop meditation, yoga, concentration and will power through sports karate.
- [6] To strengthen physical stability.
- [7] To develop immunity towards dreadful disease.
- [8] To develop perfect control over the mind.
- [9] To increase longevity.
- [10] To develop perfect discipline.
- [11] To develop self controlled to know the purpose of life.
- [12] To impart useful activities with good sporting spirit.
- [13] To enable students to attend, district, state, national and international level tournaments.
- [14] This society is not functioning political activities and profit motive activities.

[15] GOVERNING BODY: The Governing Body (Executive Committee) of the society will consist of:

- President
- Vice President
- General Secretary
- Treasurer
- Joint Secretary
- Executive Committee members

For the first time of the Governing body (Executive Committee) is considered by members nominated by the founder and desirous members.

The term of the Governing Body (Executive Committee) shall be 2(two) years. Nomination for each post will be sought from General Body and elections will be held by secret ballot biannually at the time of Annual General Body meeting. In the first year of the society, only 3 members shall be elected for the post of Executive Committee members. Three more members shall be elected in the next year and subsequent years. The three senior members shall retired at the end of the term i.e. 2 years, but are eligible for election. Those members who are unable to attend the meeting shall send their vote by registered post to the Secretary of the Society.

Functions of the Governing Body (Executive Committee)

- **PRESIDENT** : All meetings of the Governing Body or General Body shall be chaired by the President.
- **VICE PRESIDENT** : To perform the functions of the President in his absence
- **SECRETARY GENERAL** : Agenda dates, venue etc., shall be drawn out by the secretary in consultation with the President. All records pertaining to the memberships, circular, meeting etc. shall be maintained by the Secretary. Minutes of all meetings shall also be recorded by the Secretary.
- **TREASURER** : Accounts of income and expenditure shall be maintained by the Treasurer. An item wise register shall be maintained with the Treasurer. Sanction of money on various scientific activities shall be done by the Secretary. A statement of accounts shall be presented at the Annual General Body meeting by the treasurer.
- **JOINT SECRETARY** : To perform all the duties as desired by the President and the Secretary General, to act as Secretary General in his absence.
- **GOVERNING BODY- MEMBERS** : Governing Body (Executive Committee) members shall assist in formulating various activities of the Society./ They shall keep the members informed on various developments and needs of the Society. The Governing Body shall work together to meet the objectives of the society and will have the right to plan the course of activities like arrangement of Lectures/Seminars/Workshops, the venue and time and other details, after the agenda is passed by the Governing Body it shall be put to General Body for its approval for implementation.